Gastronome Grilbārs

### SEAFOOD PLATTERS

### ROYAL

King crab legs, 1 pcs Sea scallop, 1 pcs Argentine prawns, 3 pcs Oysters Creuses Krystale, 2 pcs (2,7)

49.00 €

### GOLD

Oysters Creuses Krystale, 3 pcs Langoustines, 2 pcs Vannamei shrimps, 3 pcs Razor mussels, 130 g Bulots mussels, 130 g Cockles mussels, 130 g Blue mussels, 130 g (1,2,7,9,12,13)

## 45.00 €

### KING

Canadian lobster, 1 pcs Oysters Perle Blanche, 8 pcs Langoustines, 4 pcs Argentine prawns, 6 pcs Razor mussels, 250 g Bulots mussels, 350 g Cockles mussels, 250 g Blue mussels, 250g (1,2,7,13)

### 2 pers./109.00 €

5.

### QUEEN

Oysters Perle Blanche, 2 pcs Oysters Creuses Krystale, 2 pcs Vannamei shrimps, 2 pcs Scottish salmon tartare Tuna tartare (1,2,4,7,13)

36.30 €

## SPECIAL

Argentine prawns, 4 pcs Tiger shrimps, 4 pcs South American shrimps, 4 pcs Shrimp tartare

18.90 €

(2)



# POKE, CEVICHE, TARTARE AND CARPACCIO

	POKE	
S	Octopus, sesame oil, honey, sun-dried tomatoes, potatoes, chili pepper, paprika (2,6,9,11)	11.00 €
R	Scottish salmon, avocado, mango, cucumber, sunflower and black sesame seeds, celery, red onion (4,6,9,11)	11.00 €
٢	Yellowfin tuna, cucumber, onion, chili pepper, avocado, tarragon, hazelnut, Wakame seaweed (4,6,11)	11.00 €
	CEVICHE	
S	Sea scallop, mango, chili pepper, lime, green onion, cucumber, arugula (2)	11.00 €
	Sea bass, lime, paprika, chili pepper, mint, coriander, marinated red onions (4)	11.00 €
۲	Yellowfin tuna, lime and coconut milk sauce, mango, apple, coconut crumbs (4,8)	11.00 €
	TARTARE	
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9	Yellowfin tuna, sesame oil, mango, chili pepper, coriander (4,11)	8.80 €
e R	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4)	8.80 € 8.50 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna,	8.50 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna, South American shrimps, avocado (2,4,7,11) Avocado, tomatoes, Chia and sunflower seeds,	8.50 € 11.50 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna, South American shrimps, avocado (2,4,7,11) Avocado, tomatoes, Chia and sunflower seeds, Parmigiano Reggiano chips (4,7,9,11,13)	8.50 € 11.50 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna, South American shrimps, avocado (2,4,7,11) Avocado, tomatoes, Chia and sunflower seeds, Parmigiano Reggiano chips (4,7,9,11,13) <b>CARPACCIO</b> Sea bass, baked tomato salsa, basil,	8.50 € 11.50 € 6.50 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna, South American shrimps, avocado (2,4,7,11) Avocado, tomatoes, Chia and sunflower seeds, Parmigiano Reggiano chips (4,7,9,11,13) <b>CARPACCIO</b> Sea bass, baked tomato salsa, basil, roasted cannabis seeds (4)	8.50 € 11.50 € 6.50 € 11.00 €
	Scottish salmon, sun-dried tomatoes, onion, dill, lemon butter (4) Atlantic salmon, yellowfin tuna, South American shrimps, avocado (2,4,7,11) Avocado, tomatoes, Chia and sunflower seeds, Parmigiano Reggiano chips (4,7,9,11,13) <b>CARPACCIO</b> Sea bass, baked tomato salsa, basil, roasted cannabis seeds (4) Sea scallop, mango, shrimp butter (2) Yellowfin tuna, Parmigiano Reggiano cheese, maple syrup,	<ul> <li>8.50 €</li> <li>11.50 €</li> <li>6.50 €</li> <li>11.00 €</li> <li>10.50 €</li> </ul>



# SALADS AND STARTERS

<b>Salad with Sous Vide Argentine prawns,</b> cheese Buffalo Mozzarella, grapefruit, baked tomatoes, basil and garlic baguette (1,2,7)	9.60 €
Chef's salad with octopus, potatoes, home-made dried tomatoes and sheep cheese Manchego (2,7)	15.50 €
Caesar salad (1,4,7):	
- with tiger shrimps (2) - with sea scallops (2) - with chicken fillet and rosemary	9.90 € 11.20 € 7.00 €
$\gamma$ Fresh spinach salad with avocado, pears, Jerusalem artichoke, sweet potato chips, peanuts and pesto sauce (8)	6.90 €
Sea scallops with green asparagus, lemon sauce and Parmigiano Reggiano chips (2,7)	11.90 €
<b>Fresh cheese Burrata</b> with Ranise anchovies, arugula and Terre dell'Abbazia olive oil (4,5,7,8,9,11)	11.00 €
<b>Mussels in coconut milk</b> with lime juice, sesame oil, fennel, chili pepper and fresh coriander (2,7,8,11,12)	9.80 €
Mussels in white wine sauce with fried potatoes (2,7,12)	9.70 €
<b>Escargot Burgundy snails</b> baked in garlic and parsley butter, shell-on /meat, half dozen /dozen (2,7)	4.80 €/9.20 €

#### "HOT CLASSIC" platter

Baked langoustines with wine cream and Parmigiano Reggiano cheese Baked Razor mussels with garlic butter and Parmigiano Reggiano cheese Baked oysters with truffle oil and Parmigiano Reggiano cheese Green mussels with tomato sauce and Parmigiano Reggiano cheese (2,7,12) "HOT TRENDY" platter

Tuna in black sesame seeds Scottish salmon in seaweed Wakame South American shrimps with garlic Grilled octopus with greens and smoked paprika (2,4,11)

#### 1 pers./2 pers.

19.00 €/35.00 €

23.00 €

### "4 SAUCES" oyster platter

Oyster with Parmigiano Reggiano cheese and truffle oil Oyster with Parmigiano Reggiano cheese and garlic oil Oyster with Parmigiano Reggiano cheese and smoked butter Oyster with Parmigiano Reggiano cheese and sun-dried tomato oil (2,7,12)

11.80 €



## SOUPS

😵 Canadian lobster Bisque (2,7,9,12)	
Home-made Bouillabaisse with tiger shrimps and catch of the day (2,4,9,13)	8.50 €
<b>Consomme</b> with duck breast, fennel, home-made dried tomatoes, cannellini beans and Tofie Tricolori (7)	9.60 €
Homemade fish soup (2,4,9)	5.80 €
<b>Jerusalem artichoke Veloute</b> with chanterelles, Gran Moravia chips and truffle oil (7,12)	6.00 €

## PASTA

<b>Taglierini</b> with Vannamei shrimps, sun-dried tomatoes, ginger, fresh basil, Gran Moravia cheese and sesame oil (7,11)	10.60 €
Conchiglioni with fresh cheese Mozzarella, cherry tomatoes, fresh basil and Parmigiano Reggiano cheese (7)	7.70 €
<b>Risotto Rustichella d`Abruzzo</b> with grilled South American shrimps and Parmigiano Reggiano cheese (1,2,3,7)	10.90 €
<b>Tagliatelle</b> with lobster meat, bisque sauce, fennel, celery and truffle oil (1,3,7,6,9,11)	22.30 €
<b>Penne</b> with beef, wild mushrooms, sun-dried tomatoes and Gran Moravia cheese (1,2,7,12)	11.30 €

## FISH AND SEAFOOD DISHES

<b>Gastronome grilled platter №1:</b> South American shrimps, yellowfin tuna, sea scallops, white and green asparagus, olive and caper sauce (9,11)	24.90 €
Gastronome grilled platter №2: three kinds of South American shrimps, roasted beetroots, muscatel pumpkin, Ratte potatoes, walnuts, pumpkin and sunflower seeds, olive and baked tomato sauce (8,9,11)	21.00 €
Gastronome grilled platter №3: baby squids, octopus, Vannamei shrimps, celery root puree, olive sauce (4,9,11,13)	21.00 €
Dover sole Mignon with butter and parsley and lemon juice sauce (4,7,12)	39.00 €
Turbot fillet Beurre Blanc with apple and anise puree, Ratte potatoes and white wine sauce (4,7,12)	29.00 €
Steamed Scottish salmon with parsnip puree, pear, grilled tomatoes, Ratte potatoes and white wine sauce (4,7,12)	16.80 €
Baked sea scallops with chestnut Veloute, maple syrup, roasted chestnuts, apple and dried Pancetta (2)	19.90 €
<b>Baby squids</b> with mango, chili pepper, basil, Ratte potatoes, pear puree and cream sauce (1,7,12)	14.80 €
Octopus with blanched spinach, Ratte potatoes, grilled tomatoes and white wine sauce (2,7,12)	21.60 €



# **MEAT DISHES**

<b>Baked duck fillet</b> with potato Gratin, forest berries and Bordeaux sauce (7,9,11)	16.50 €
Marbled beef Ribeye WAGYU, Australia (10) Marbled beef Ribeye, Australia (10) Marbled beef Ribeye, USA (10) Marbled beef Ribeye, Argentina (10)	<b>100g</b> 21.40 € 12.00 € 13.20 € 7.30 €
Served with blanched spinach, baked potatoes, green pepper and Dijon mustard sauce	4.70 €

# SIDE DISHES

Mixed vegetable salad	5.50 €
Vegetables: blanched /steamed /grilled	4.90 €
Blanched spinach	5.50 €
Mashed potatoes (7)	3.55 €
Mashed potatoes with black truffles (7)	7.70 €
French fries	3.90 €
Blanched green or white asparagus	6.50 €
Cherry tomatoes with red onions and lemon olive oil	4.00 €
Roasted beetroots with muscatel pumpkin and Feta cheese (3,7,8,11)	6.00€
Parsnip, pear and fennel puree (7)	6.00€
Potato Gratin with Comte cheese (7)	6.00 €

# DESSERTS

<b>Cheesecake</b> with passion fruit, mango sauce, fresh raspberries and Sables Bretons biscuits (1,3,5,7,8)	6.30 €
<b>Marzipan cake</b> Gastronome with fresh berries and cranberry sauce (1,3,5,7,8)	6.50 €
Sorbet (Italy): raspberry /orange (7)	5.50 €
<b>Ice cream</b> (Italy): chocolate /creamy /pistachio /lemon /strawberry (7,8)	5.50 €
Tiramisu with fresh berry sauce (7)	6.00 €
<b>Chocolate trio</b> : milk chocolate Brulee, white chocolate Bavarois and dark chocolate Jelly (7)	7.00€
<b>Berry soup</b> with hazelnuts, butter biscuit and lemon ice cream (1,7,8)	6.50 €



**Vegetarian dishes** - May contain milk and eggs! For more information please ask your waiter.

Wild fish - Indicates that seafood grew and has been caught in a natural environment.

**Label rouge** - Confirms compliance with the strict standards of the French government for fish farming.

**MSC** - Guarantees that fishery was carried out environmentally friendly.

Friend of the Sea - Means that fishing was carried out within the limits and using only green methods.

With numbers 1-13 are marked allergic components in food. Explanation: 1-gluten, 2-crustacean, 3-eggs, 4-fish, 5-peanuts, 6-soybeans, 7-milk, 8-nuts, 9-celery, 10-mustard, 11-sesame seeds, 12-sulfur dioxide and sulphites, 13-molluscs.